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# Vanguard

The Vanguard  
3151 Abbe Road  
Sheffield Village, Ohio 44054

**Dedicated to Serving the Men and Women of Local 2000.**

## Did you know?



### Most Annoying

"Whatever" tops the list of words and phrases that Americans find most annoying. Other strong contenders include "you know" and "it is what it is." *Source: Marist Poll*

### Health Care and GDP

In 1970, health care as a share of the U.S. economy was 7.2 percent. In 2008, it was 16.2 percent. *Source: Centers for Medicare and Medicaid Services*

### Union Membership in 2010

Union membership as a percentage of the U.S. workforce was essentially unchanged in 2009 at 12.3 percent. However, the composition of that membership did change. Private sector unionization fell to 7.2 percent, while public sector unionization increased to 37.4 percent. At this point, a majority of U.S. union members are employed in the public sector. *Source: Bureau of Labor Statistics*

### The Recession and Health Care

Health care executives say the recession has brought more emergency room visits by the uninsured, and more unpaid bills for the underinsured. *Source: Modern Healthcare*

### Rx Errors

Medication errors cause at least one death every day and injure approximately 1.3 million people annually in the United States. *Source: Food and Drug Administration*

### Hold the Salt

Lowering the amount of salt people consume each day by half a teaspoon could lead to as big a reduction in heart disease and strokes as reducing cholesterol, smoking and obesity. *Source: New England Journal of Medicine*

## In Memory

**Happy Birthday Mark Rose  
January 15th**

You were the kind of person  
Who left beautiful memories behind  
Special days like your birthday  
Bring fond memories to mind  
Memories are possessions  
That time cannot destroy  
For it is in happy remembrance  
The heart finds it's greatest joy.

**Gone but never forgotten,  
Amy Jaynes-Brown**



## REMINDER UNION MEETING

The next membership meeting is

**Sunday, April 11**

at 2:30 p.m.

## RETIREE MEETING

The next retiree meeting is

**Thursday, April 1**

at 10 a.m.